

# DIRECTORY OF COMMUNITY SERVICES HENRY COUNTY



**Healthy Henry County Communities**  
407 S. White St., Mt. Pleasant, IA 52641  
319-385-6523  
[www.HealthyHenryCounty.org](http://www.HealthyHenryCounty.org)  
[www.facebook.com/HealthyHenryCounty](https://www.facebook.com/HealthyHenryCounty)

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## EMERGENCY

- Police, Ambulance, Fire**.....911
- Alert Iowa** ..... 319-385-1479  
Sign up at [henrycountyiowa.us/offices/ems](http://henrycountyiowa.us/offices/ems). In the event of an emergency or severe weather condition, an alert will be sent to the phone number and/or email address provided by voice, text and/or email.
- Child & Adult Abuse & Neglect (24 hrs/day)**..... 800-362-2178
- Great River Crisis Line** ..... 877-404-4770  
The SEIL Region 24 hour crisis line provides immediate help to individuals and families of people in emotional crisis. Trained crisis intervention specialists are available to receive crisis calls 24 hours a day, every day. Staff provides prompt and compassionate crisis intervention, information, referrals for follow-up service, and support to individuals experiencing emotional distress or psychiatric crisis including depression, suicide and loneliness.
- Henry County Health Center** ..... 319-385-3141
- Henry County Sheriff** ..... 319-385-2712
- Text-a-Tip Hotline** ..... 319-931-3667  
Text details about underage drinking, drug use, or any other crimes or tips.
- Poison Control Center** ..... 800-222-1222

## CHILD ABUSE PREVENTION

- Bikers Against Child Abuse (B.A.C.A.)**  
[www.bacausa.com](http://www.bacausa.com) .....866-71-ABUSE  
B.A.C.A. exists with the intent to create a safer environment for abused children. Members form bonds with a child in need and support each child based upon their individual needs and the needs of the family.
- Child Abuse Prevention Trainings**  
Arin Jones, CPPC Coordinator..... 319-385-8126
- ACEs and Connections Matter** [www.iowaaces360.org](http://www.iowaaces360.org) [www.connectionsmatter.org](http://www.connectionsmatter.org)  
Adverse Childhood Experiences have a profound impact on future learning, behavior and overall health. Trainings available to raise awareness of ACEs and how to prevent or mitigate the effects.
- Stewards of Children** [www.d2l.org](http://www.d2l.org)  
An evidence-informed, proactive approach to child sexual abuse prevention. Available online or through a facilitator-led session.
- DHS Iowa Department of Human Services** [www.dhs.state.ia.us](http://www.dhs.state.ia.us)  
205 W. Madison St., Mt. Pleasant..... 319-986-5157  
Hrs: Monday - Friday 8:00am – 4:30pm  
Economic Programs: FIP (Family Investment Program), food assistance, medical assistance (Medicaid). Referrals/funding for service programs including: foster care,

shelter care, institutional care, adoption, independent living, day care, and child abuse assessments.

- Mississippi Valley Child Protection Center**  
Serves Henry County ..... 563-264-0580  
Forensic interviews, family advocacy, and medical examinations for child abuse victims and their non-offending caregivers. Also provides community education. Referrals for services must come from DHS and/or law enforcement.

*For additional resources and information visit [www.pcaiowa.org](http://www.pcaiowa.org)*

**To report child abuse please call 800-362-2178**

## CHILD CARE CENTERS

- Early Head Start (birth-3 years) and Head Start (3-5 years)** [www.iowaheadstart.com](http://www.iowaheadstart.com)  
1303 W. Washington, Mt. Pleasant ..... 319-385-2310  
These programs provide comprehensive child development and preschool for children from birth to five years of age. Full day and part day programs are available. Snacks and meals are provided for the children. Family development and referral services are available for families. Income guidelines apply.
- Iowa Child Care Resource & Referral** [www.iowaccrr.org](http://www.iowaccrr.org)  
**Child Care Consultant** ..... 319-371-7809  
Provides on-site consultation to licensed preschools, centers, non-registered home providers & child development home providers.
- Parent Referral line**..... 855-244-5301  
Assists families in selecting child care providers who best meet the needs of a child & their family.
- New London Community Child Care Center**  
507 S. Walnut St., New London..... 319-367-2412  
Provides part-time, full-time and drop-in child care for children ages 6 weeks - 12 years in a licensed center, which is split up into 8 different developmentally & age appropriate groups. DHS assistance accepted. Call for openings.

## CITY & COUNTY OFFICES

- City Halls**
- Mt. Pleasant** 307 E. Monroe St. .... 319-385-1470
- New London** 112 W. Main St. .... 319-367-7702
- Olds** 111 S. Main St. .... 319-254-2415
- Salem** 201 S. Main St. .... 319-258-4531
- Wayland** 218 W. Main St. .... 319-256-3276
- Winfield** 115 N. Locust ..... 319-257-6661
- Henry County Courthouse** [www.henrycountyiowa.us](http://www.henrycountyiowa.us)  
100 E. Washington St., Mt. Pleasant  
Motor vehicle registration, drivers licenses, property taxes & more.

**Henry County Emergency Management** [www.henrycountyiowa.us/offices/ems](http://www.henrycountyiowa.us/offices/ems)  
900 W. Washington, Mt. Pleasant..... **319-385-1479**

**Henry County Public Health** [www.hchc.org/home/health-services/community-health/](http://www.hchc.org/home/health-services/community-health/)  
407 S. White St., Mt. Pleasant..... **319-385-6724**

**Henry County Sheriff** [www.henrycountyiowa.us/offices/sheriff](http://www.henrycountyiowa.us/offices/sheriff)  
106 E. Clay St., Mt. Pleasant..... **319-385-2712**  
Text-a-tip hotline ..... **319-931-3667**

**Henry County Veterans Affairs Office**  
[www.henrycountyiowa.us/offices/veterans/index.htm](http://www.henrycountyiowa.us/offices/veterans/index.htm)  
106 N. Jackson St., Mt. Pleasant..... **319-385-0792**

Hrs: Tues/Thurs 8am-4pm; Wed 8am-12pm  
Provides information and assistance to veterans and their families, i.e. rent, utilities, and burial. A resource for veterans with disabilities.

**Police (non-emergency)**

<b>Mt. Pleasant</b> .....	<b>319-385-1450</b>
<b>New London</b> .....	<b>319-367-7700</b>
<b>Olds</b> .....	<b>319-385-2712</b>
<b>Salem</b> .....	<b>319-385-2712</b>
<b>Wayland</b> .....	<b>319-256-3276</b>
<b>Winfield</b> .....	<b>319-257-6661</b>

## COUNSELING/MENTAL HEALTH

**Alcohol & Drug Dependency Services (ADDS)** [www.addsiowa.org](http://www.addsiowa.org)  
1340 Mt. Pleasant St., Burlington..... **319-753-6567**  
122 N. Main St., Mt. Pleasant ..... **319-385-2216**  
Hrs: Monday – Friday 8:00am - 5:00pm

Services: Outpatient substance abuse treatment, residential substance treatment (Burlington), problem gambling treatment, Drug Free Workplace programming, prevention education, substance abuse screenings, OWI screenings and classes, juvenile diversion, problem gambling crisis intervention.

**Alternatives Family Counseling Center**  
104 E. Clay St., Mt. Pleasant..... **319-385-4277**  
Individual and family counseling, psychology.

**Christamore Family Treatment Center** [www.younghouse.org](http://www.younghouse.org)  
905 S. Iris St., Mt. Pleasant ..... **319-385-2906**  
A program of Young House Family Services that provides treatment services for adolescents with behavioral and emotional problems and their families. Residential and school only programs, available for male and female clients ages 11-17.

**Clerk of Court** [www.henrycountyiowa.us/offices/clerkofcourt/index.htm](http://www.henrycountyiowa.us/offices/clerkofcourt/index.htm)  
Mt. Pleasant..... **319-385-2632**  
Takes applications for court ordered hospitalization for mental health or substance abuse.

**Domestic Violence Intervention Program (DVIP)** [www.dvipiowa.org](http://www.dvipiowa.org)  
101 S. Cherry St., Ste 2, Mt. Pleasant ..... **319-850-8518**  
24 hour hotline ..... **800-373-1043**  
Services include safe shelter/housing assistance, counseling/support groups, volunteer opportunities, community education, legal advocacy, and medical advocacy.

**Elements Family Therapy & Play Therapy Center**  
124 N. Main St., Mt. Pleasant ..... **319-385-1665**  
Treating individuals, couples, children & families utilizing a variety of therapeutic techniques including: solution focused, narrative, cognitive behavioral, trauma focused, and play therapy.

**Families First Counseling Services of Iowa** [www.families-first.net](http://www.families-first.net)  
214 N. 4th St., Ste 1A, Burlington..... **888-316-3025**  
Services including but not limited to: Behavioral Health Intervention Services (BHIS), assessments, in-office therapy and private pay. Serves Henry County.

**First Resources Corporation** [www.firstresources.us](http://www.firstresources.us)  
204 S. Jefferson, Ste 103, Mt. Pleasant ..... **319-201-1225**  
Hrs: Mon-Thur 8am-5pm, Fri 8am-4pm; closed 12-1pm  
Services include individual and family counseling for adults, children and adolescents; home-based Behavioral Health Intervention Services (BHIS) for children and adolescents with Medicaid. Most private insurance, Medicare and Medicaid accepted.

**Henry County Coordinator for Disability Services**  
[www.henrycountyiowa.us/offices/cpc/index.htm](http://www.henrycountyiowa.us/offices/cpc/index.htm)  
106 N. Jackson St. Ste 102, Mt. Pleasant..... **319-385-4050**  
Hrs: Monday - Friday 8am-4pm  
Funding assistance and referral for mental health, mental retardation, and developmental disability related services.

**Hillcrest Family Services** [www.hillcrest-fs.org](http://www.hillcrest-fs.org)  
106 N. Jackson St., Mt. Pleasant..... **319-385-7177**  
Hrs: Monday - Friday 8am-5pm  
Offers individual, group, marital and family counseling, psychosocial evaluations, emergency services, medication management, integrated health home services, and community outreach and mental health education. Crisis appointments available daily.

**Insight Partnership Group LLC**  
2205 E. Washington St., Mt. Pleasant ..... **319-385-2046**  
Provides home-based habilitation services for persons with mental illness, community integration programs Mon-Fri during the day, payee services for persons with disabilities.

**Life Connections**  
Serves Henry County ..... **563-213-5082**  
Provides BHIS Skill Building services to children ages 3-19 years old and their families. These services teach children ways to manage and improve their behavior, and teach

necessary skills such as anger management, communication skills, conflict resolution, coping skills, problem solving, relationship building, self-esteem enhancement, and social skills.

**Mid-Iowa Family Therapy Clinic** [www.mifftc.com](http://www.mifftc.com)  
 1501 W. Washington, Ste 104, Mt. Pleasant..... 319-385-1919  
 Full range of services including individual therapy, psychological assessments, and intensive outpatient programming. Family counseling, in-home counseling, parenting skills and marital counseling.

**Optimae LifeServices** [www.optimaelifeservices.com](http://www.optimaelifeservices.com)  
 106 N. Jackson St., Ste 103, Mt. Pleasant..... 319-385-8051  
 Individual, family and group outpatient mental counseling for children and adults. Psychiatric and psychological evaluations and medication management. Licensed psychiatrists, social workers and psychologist on staff. Supported community living and psychiatric rehabilitation.

**Rape Victim Advocacy Program (RVAP)** [www.rvap.org](http://www.rvap.org)  
 101 S. Cherry St., Ste 2 Mt. Pleasant..... 319-541-9809  
 Hrs: Monday - Friday 9:00am-5:00pm  
 24 hour crisis hotline..... 800-228-1625  
 RVAP provides free, confidential support, advocacy, and information.

**Truth Foundation** [www.truthfoundationinc.net](http://www.truthfoundationinc.net)  
 304 E. Main St., New London..... 319-931-7169  
 Provides mental health services with a Biblical foundation. Services include individual, couples, or family therapy; behavioral health, play therapy, skills development, and sexual addictions counseling. Medicaid, insurance and private pay options accepted.

**Young House Family Services** [www.younghouse.org](http://www.younghouse.org)  
 400 S. Broadway, Burlington ..... 319-752-4000

**Community Counseling:** Outpatient therapy services for children, adults and families provided at the YHFS central office. Title 19 and most private insurances accepted.  
**Family Based Services:** In-home and community based programs, including counseling and skill development, adoption services, substance abuse treatment services, Brief Intensive Services, and Behavioral Health Intervention Services (BHIS). Services provided throughout Southeast Iowa, and some services available at no cost to families.  
**Pediatric Integrated Health Program (PIHP)** serves children and families living in southeast Iowa. Children with Medicaid and a mental health diagnosis are eligible for PIHP services. The program is FREE and includes care coordination to ensure all of your child's physical and mental health needs are being met. Your family will work with a nurse, care coordinator and family support specialist to help your child succeed in school, at home and in the community.  
**Respectful Individuals who are Strong & Empowered:** R.I.S.E offers school-based therapy in select school districts.

**For additional resources and information visit**  
[www.mentalhealth.gov](http://www.mentalhealth.gov)

## DENTAL CARE

**Children's Dental Center of Southeast Iowa**  
 1804 E. Washington St., Mt. Pleasant..... 319-752-1444

**Community Health Centers of Southeast Iowa**  
 1706 W. Agency Rd., West Burlington ..... 319-752-5540  
 2409 Spring St., Columbus City ..... 319-728-7400  
 Accepting new Medicaid patients

**Dental Specialists of Iowa**  
 1804 E. Washington St., Mt. Pleasant..... 319-385-5260

**Family Dental Health Services**  
 Henry County Health Center, Suite 28..... 319-385-6750

**Iris Dental**  
 217 E. Monroe St., Mt. Pleasant ..... 319-385-4680

**Mt. Pleasant Dental Associates**  
 304 N. Jefferson St., Mt. Pleasant ..... 319-385-8912

**New London Dental Care**  
 107 Toothache Dr., New London..... 319-367-2311

**Oral Surgery Associates of Iowa City**  
 1804 E. Washington St., Mt. Pleasant..... 319-385-5266

**Dr. Robert Pusey/Dr. Amanda Gilles**  
 209 W. 23rd St., Wayland..... 319-256-4065

## EDUCATION

**Great Prairie Area Education Agency (AEA)**  
[www.gpaea.org/](http://www.gpaea.org/) ..... 800-382-8970

309 E. Monroe St., Mt. Pleasant ..... 319-385-9005  
 Hrs: Monday - Friday 8:00am to 4:30pm

**Child Find:** A process used by the Special Education staff in cooperation with local school districts to locate, identify, and serve eligible children before they enter school.  
**Early ACCESS:** Iowa's early intervention system for children birth to three with delays in development or health/physical conditions that affect development.

**Iowa Family & Educator Partnership:** Coordinates partnerships between families, educators, and community providers to promote the success of all children with special needs.

**Special Education:** Free services to children with special needs and all children with disabilities (birth-21 yrs). Services include: hearing screenings and diagnostic testing, services to the mentally disabled, severe/profound and physically handicapped children located in selected school centers, speech-language services and special education consulting.

## Preschool - Grade 12

### Grow 'N' Glow Preschool

304 E. Main St., New London.....319-367-5303

### Head Start [www.iowaheadstart.com](http://www.iowaheadstart.com)

1303 W. Washington St., Mt. Pleasant.....319-385-2310  
Income guidelines apply. Preschool Scholarships for children ages 3-5 years old.

### Mt. Pleasant Christian School K-12 [www.mtpleasantchristian.com](http://www.mtpleasantchristian.com)

1505 E. Washington St., Mt. Pleasant.....319-385-8613

### Mt. Pleasant Community Schools [www.mt-pleasant.k12.ia.us](http://www.mt-pleasant.k12.ia.us)

1010 E. Washington St., Mt. Pleasant.....319-385-7750

**Harlan Elementary** 1001 N. Main St.....319-385-7762

**High School** 2104 S. Grand Ave.....319-385-7700

**Lincoln Elementary** 501 S. Corkhill St.....319-385-7765

#### Little Bees Christian Preschool

First Baptist Church - 100 E. Webster St.....319-214-3305

#### Little Panthers Preschool

Van Allen Elementary - 801 E. Henry St.....319-385-7771

#### Little Panthers Preschool - Salem

Salem Elementary - 412 E. Jackson St., Salem.....319-258-7799

**Middle School** 414 N. Adams St.....319-385-7730

**Salem Elementary** 412 E. Jackson St., Salem.....319-258-7799

**Van Allen Elementary** 801 E. Henry St.....319-385-7771

**WisdomQuest Alternative High** 401 E. Monroe.....319-385-7709

### New London Community Schools [www.nlcsd.org/](http://www.nlcsd.org/)

106 W. Wilson St., New London.....319-367-0512

**Clark Elementary** 401 S. Walnut St.....319-367-0507

**Clark Preschool** 401 S. Walnut St.....319-367-0507

**Junior-Senior High** 101 W. Wilson St.....319-367-0500

### Son Shine Academy Preschool.....319-385-7336

Faith Lutheran Church - 910 E. Maple Leaf Dr., Mt. Pleasant

### WACO Community Schools [www.wacocsd.org/](http://www.wacocsd.org/)

706 N. Pearl St., Wayland.....319-256-6201

**Elementary** 200 S. Main, Crawfordsville.....319-658-2931

**Junior-Senior High** 706 N. Pearl St., Wayland.....319-256-6200

**Preschool** 200 S. Main St., Crawfordsville.....319-658-2931

### Winfield-Mt. Union Community Schools [wmucsd.org/](http://wmucsd.org/)

**Elementary** 208 S. Olive St., Winfield.....319-257-7702

**Junior-Senior High** 208 S. Olive St., Winfield.....319-257-7701

**Preschool** 208 S. Olive St., Winfield.....319-257-7700

## Post-Secondary & Adult

### Iowa Wesleyan University [www.iw.edu](http://www.iw.edu)

601 N. Main St., Mt. Pleasant.....319-385-8021 or 800-582-2383

### ISU Extension and Outreach [www.extension.iastate.edu/henry](http://www.extension.iastate.edu/henry)

127 N. Main St., Mt. Pleasant.....319-385-8126

Hrs: Monday – Thursday 9am – 4:30pm, Friday 9am-12pm

Information and educational programs: Aging, childcare, child development, consumer decisions, financial management, family relationships, leadership, nutrition, parent education, and youth.

### Southeastern Community College [www.scciowa.edu](http://www.scciowa.edu)

200 N. Main St., Mt. Pleasant.....319-385-8012 or 319-208-5254

Offers a variety of associate degree programs, continuing education opportunities, and online learning.

#### General Adult Assistance

Help with reading, writing, math & thinking abilities in order to enter a college or vocational training program or to seek and upgrade employment skills. Prepare for high school equivalency diploma testing. Call for class times.

#### E.S.L. (English as a Second Language)

Classes are available to help non-English speaking adults learn English. Emphasis is on speaking, listening, reading and writing. Classes are FREE; books may be purchased at a low cost.

## EMPLOYMENT/JOB TRAINING

### Advance Services (Staffing) [www.advanceservices.com](http://www.advanceservices.com)

106 N. Jefferson St., Mt. Pleasant.....319-201-1236

### America's SBDC Iowa [www.iowasbdc.org/](http://www.iowasbdc.org/)

Serves Henry County.....319-208-5381

Offers free and confidential 1-on-1 consulting for business owners to start, expand or close their business. Call to make an appointment.

### Center for Cultural Initiatives (CCI)

Sal Alaniz ([sal@printgroupusa.com](mailto:sal@printgroupusa.com)).....319-385-3270

Provides support of minority and diversity business initiatives, support and resources for New Iowans, and support with poverty initiatives, education, health care, diversity and other quality of life issues and events.

### FaDDS Family Development Self-Sufficiency Program

Tolson Community Action Center [www.iowafadss.org](http://www.iowafadss.org)

1303 W. Washington St., Mt. Pleasant.....319-385-2310

This program assists families who are participating in the Family Investment Program (FIP). A Family Development Specialist works with participants to help them overcome obstacles while working toward self-sufficiency.

**First Resources Corporation** [www.firstresources.us](http://www.firstresources.us)  
204 S. Jefferson St., Ste 103, Mt. Pleasant ..... **319-201-1225**  
Hrs: Mon-Thurs 8am- 5pm, Fri 8am-4 pm; closed from 12pm-1pm  
Matches qualified people with disabilities to the workforce needs of small and large businesses. Job development, job coaching and other employment services available.

**Hope Haven Area Development Center** [www.hopehavencorp.com](http://www.hopehavencorp.com)  
502 N. Lincoln St., Mt. Pleasant ..... **319-385-9980**  
**Flexible Services** is a day program serving adult individuals with varying disabilities. Trained professional staff provides job skill training and guidance on building employment skills in a caring environment. Opportunities are offered for paid assembly work, hourly work, and assistance is available for individuals interested in community employment.  
1525 Mt. Pleasant St., Burlington ..... **319-754-4689**  
**Employment Services Program** assists individuals with disabilities in obtaining and maintaining community employment. Hope Haven assists with job development/job matching, on-the-job training, on or off-site follow-along support, job readiness skills, career awareness, job shadowing/observation, transportation training, and job site analysis.

**Iowa Vocational Rehabilitation Services** [www.ivrs.iowa.gov](http://www.ivrs.iowa.gov)  
1000 N. Roosevelt Ave., Suite 7, Burlington ..... **319-753-2231**  
Provides individualized services to eligible individuals with disabilities, which may include: diagnostic and/or evaluation services needed to assess employability and vocational rehabilitation potential, physical and mental restoration services, vocational training, guidance and vocational counseling, career exploration, job placement & retention counseling, adaptive devices, business consultation for disability related services, and other appropriate services & programs for individuals with disabilities.

**IowaWORKS** [www.iowaworkforcedevelopment.gov](http://www.iowaworkforcedevelopment.gov)  
1000 N. Roosevelt Ave., Burlington ..... **319-753-1671** or **800-642-4032**  
Hrs: Mon, Tue, Thur, Fri 8:30 – 4:30, Wed. 9-4:30  
Mt. Pleasant SCC - 200 N. Main St., Mt. Pleasant ..... **319-385-8012**  
Hrs: Wednesdays only  
Offers daily no cost job readiness workshops, must pre-register. Processes unemployment insurance claims, provides job placement services to unemployed and underemployed individuals. Helps employers locate qualified individuals for openings, provides labor market information on request. Computers available to complete resumes, access job and career information, provide veterans of the military services employment / career information, and provide proficiency testing in areas such as typing and keyboarding.  
**Promise Jobs:** Pre-employment and on the job training, institutional skill training, secondary education certification, and remedial & basic skills training. Financial assistance for low-income persons with tuition, childcare and transportation. This program is available for individuals on the Family Investment Program (FIP). (Application approval and referral from DHS required).

**Youth Next Steps Team:** Works with youth (ages 16-24), adults and dislocated workers. Goals include helping youth find and keep a job that will lead to self-sufficiency. Works with out-of-school or in-school youth, enforcing the tie between academic learning and employment.

**Proteus** [www.proteusinc.net](http://www.proteusinc.net)  
Serves Henry County ..... **800-397-0178**  
Proteus National Farmworker Jobs Program serves migrant and seasonal farmworkers with financial assistance while attending school and job placement. They can help individuals complete up to a two year program (often at community colleges), general education development (GED), Adult Basic Education, and English as a Second Language (ESL) programs.

**Team Staffing Solutions** [www.teamssi.com](http://www.teamssi.com)  
114 E. Monroe St., Suite 103, Mt. Pleasant ..... **319-385-8844**

**Temp Associates** [www.tempassociates.com](http://www.tempassociates.com)  
111 W. Monroe St., Ste. 202, Mt. Pleasant ..... **319-385-1724**

**WIOA Adult Assistance**  
Mt. Pleasant SCC - 200 N. Main St., Mt. Pleasant ..... **319-385-8012**  
CNA, CDL, welding, paraeducator, and other short-term training and certification provided with financial assistance available. Staff can also help with resumes, skills training, and job leads.

## FAMILY/NEW PARENT SUPPORT

**Birthright** [www.birthright.org](http://www.birthright.org)  
1113 S. Main St., Burlington ..... **319-753-2702**  
Hrs: Mon-Thur 11:30-4:30; Fri 10-1; Sat 12:30-2:30  
24 hour hotline ..... **800-550-4900**  
Pregnancy services and testing. Free and confidential. Resources and referrals for pregnant & maternal moms.

**Boot Camp for New Dads** [www.bcnd.org](http://www.bcnd.org)  
[facebook.com/BootCampForNewDadsMtPleasant](https://facebook.com/BootCampForNewDadsMtPleasant) ..... **319-931-0067**  
Boot Camp for New Dads is a relaxed guys-only environment where “veteran” dads teach “rookie” dads what to expect from fatherhood with guidance from 2 experienced coaches. Boot Camps are held quarterly at Henry County Health Center at no charge.

**Cradle of Hope Pregnancy Resource Center** [www.cradleofhopeiowa.com](http://www.cradleofhopeiowa.com)  
1503 E. Washington (E-3 Center), Mt. Pleasant ..... **319-986-5336** or text **319-931-5759**  
Offers free pregnancy testing, prenatal classes, parenting, life skills classes, mentoring, counseling (pregnancy, adoption, and post termination), health and nutrition, home skills, abstinence, and STD education. Earn While You Learn program allows women to earn “mommy bucks” which can be redeemed for car seats, cribs, diapers, and clothing.

**Family Connection** [www.healthyhenrycounty.org/parent-education](http://www.healthyhenrycounty.org/parent-education)

[www.facebook.com/famconnection](https://www.facebook.com/famconnection)

127 N. Main St., Mt. Pleasant ..... **319-385-4090**

An individual support and education program for parents of children prenatal to 5 years. Providing parenting skill building, child development information, and age-appropriate activities to promote optimal development during the critical early years of life. Play-groups, educational events and family fun nights are offered throughout the year.

**1st Five Healthy Mental Development Initiative**

[www.washph.com/ChildHealth/1stFive.aspx](http://www.washph.com/ChildHealth/1stFive.aspx)..... **319-653-7758**

A Washington County Public Health program serving Henry County that links families with children age 0-5 to local services that meet a variety of needs and concerns from child development issues to family stress. Parents and caregivers seeking a referral can access this service through their local medical provider.

**Henry County Public Health** [www.hchc.org/home/health-services/community-health/](http://www.hchc.org/home/health-services/community-health/)

407 S. White St., Mt. Pleasant..... **319-385-6724**

**Maternal and Child Health Program:** Provides referrals, wellness and dental screening, nutrition education, and education for young pregnant mothers on birth of the baby, growth and development.

**Newborn Home Visitor Program:** Provides a nurse to visit new moms and babies for education and early interventions/referrals.

**Parent Partners**

David Selmon, Parent Partner Coordinator ..... **319-209-0916**

Parent Partners mentor families who are currently navigating through DHS as their children are in foster or kinship care. They offer hope and advocate for families while forming a critical link between the DHS worker, other professionals, and the family.

**Young House Family Services** [www.younghouse.org](http://www.younghouse.org)

400 S. Broadway St., Burlington ..... **319-752-4000 ext. 128**

**Community Based Family Team Meetings:** provide an opportunity for families to work with a trained facilitator and a support network to develop solutions to family issues. Available to families with children newborn-17, with no active DHS or JCS involvement. There is no cost to families.

## FOOD, CLOTHING & FINANCIAL

**Community Action of Southeast Iowa** [www.caofseia.org](http://www.caofseia.org)

Tolson Center: 1303 W. Washington St., Mt. Pleasant ..... **319-385-2310**

**Food and Financial:** Available for emergency food. Assistance with emergency rent and limited medication assistance is also available.

**Low Income Home Energy Assistance (LIHEAP):** Funding is available to assist eligible households for help in paying their utility bills.

**Weatherization:** Helps homeowners and renters decrease their energy costs by inspecting and cleaning furnaces and insulating their homes, which improves their energy usage and reduces air infiltration.

**Women, Infant and Children (WIC) Supplemental Nutrition Program:** The WIC program provides medical and nutritional assessments, education, and supplemental foods for pregnant women, breast feeding and non-nursing mothers, infants, and children up to 5 years. Clinics are held the last week of the month at the Mt. Pleasant Presbyterian church. Call 877-854-5640 to schedule an appointment.

**Congregate (Senior Dining) or Home Delivered Meals**

**Mt. Pleasant** – Senior Deli Dining @ Hy-Vee Food Store - 1700 E. Washington

Monday – Friday lunch served 11am-1pm. Reservations needed.

Call **1-855-410-6222 ext 7504** to make a reservation or to ask questions.

To cancel a senior deli dining meal – call **319-385-2266** (Hy-Vee)

**Salem** - Community Building, 201 S. Main St..... **319-258-4111**

Hrs: Monday - Friday 10am – 1pm Lunch at noon

**Winfield** - Veterans Building 116 N. Locust St..... **319-257-6921**

Hrs: Monday - Friday 9:30 am – 12:30 pm Lunch at noon

**DHS Iowa Department of Human Services** [www.dhs.state.ia.us](http://www.dhs.state.ia.us)

Henry County 205 W. Madison, Mt. Pleasant..... **319-986-5157**

Economic Programs: FIP (Family Investment Program), Food Assistance, Medical Assistance (Medicaid).

**Fellowship Cup** [www.thefellowshipcup.org](http://www.thefellowshipcup.org)

203 N. Jefferson St., Mt. Pleasant ..... **319-385-3242**

Hrs: Monday-Friday 8am – 4:30pm. If doors are locked, go to Quarter Store. Food pantry that serves individuals/families who are residents of Henry County and holiday meals for the needy.

**Community Meal:** Wednesdays at 11:30am. Open to everyone.

**FISH Program:** Food support or one night lodging, gas or bus ticket for transients or travelers in emergency situation. (Must be transient, not a resident of Henry County).

**Friendship House:** Shelter for family visiting prisoners at the Medium Security Unit.

**Quarter Maybe More Store**

112 N. Jefferson St., Mt. Pleasant ..... **319-385-3262**

Hrs: Monday-Friday 9am-5pm; Saturday 9am-12pm.

Sells second hand household goods, furniture and clothing to support The Fellowship Cup ministry programs. Open to everyone.

**Henry County General Assistance**

106 N. Jackson St., Mt. Pleasant..... **319-385-0790**

Hrs: Monday – Friday 8:00am – 4:00pm

Provides residents of Henry County with temporary financial assistance with basic needs, such as rent, utility, burial or limited medical assistance.

**Salvation Army:** Provides gasoline for transients.

## GET INVOLVED

### Healthy Henry County Communities (HHCC)

[www.HealthyHenryCounty.org](http://www.HealthyHenryCounty.org)

[www.facebook.com/HealthyHenryCounty](https://www.facebook.com/HealthyHenryCounty)

407 S. White St., Mt. Pleasant..... **319-385-6523**

A community partnership with Henry County Health Center which unites individuals, organizations, programs and agencies to create a better quality of life for all Henry County residents. We are always looking for interested community members who would like to become involved in making Henry County a better place to live, work, and raise a family!

The board of directors meets monthly while various other committees use community volunteers and work on specific areas, currently including:

#### Community Partnerships for Protecting Children (CPPC)

[www.HealthyHenryCounty.org/child-abuse-prevention/](http://www.HealthyHenryCounty.org/child-abuse-prevention/)

[www.facebook.com/quadcountycppc/](https://www.facebook.com/quadcountycppc/)

A partnership of caring citizens, community leaders, local organizations and agencies that come together with a common goal of keeping our children safe and families strong. Also includes an interagency meeting.

#### Henry County Substance Abuse Coalition (HCSAC)

[www.HealthyHenryCounty.org/substance-abuse-prevention/](http://www.HealthyHenryCounty.org/substance-abuse-prevention/)

[www.facebook.com/henrycountysubstanceabusecoalition/](https://www.facebook.com/henrycountysubstanceabusecoalition/)

HCSAC focuses on helping parents, family members, and other care-givers understand the harmful effects of substance use and abuse on youth, and what they can do to prevent it. HCSAC holds community and youth forums, sponsors youth activities, facilitates support groups, engages in policy advocacy, and offers community resource developments.

#### HHCC Active Living Committee

This committee is working on efforts to increase walkability and bikeability in our communities including trail and sidewalk development. The committee also helps to promote family-friendly activity opportunities like geocaching.

#### HHCC Healthy Eating Committee

This committee is working to promote healthy eating in a variety of food environments including restaurants, schools, worksites, community events, farmers markets and more. The committee also helps with educational workshops and promoting existing efforts in the county.

***If you are interested in joining any of these groups call 319-385-6523.***

***Find more opportunities to join a local service organization in the Chamber's "Community Organization" listing at [www.mountpleasantiowa.org/businesses](http://www.mountpleasantiowa.org/businesses) or contact your local city hall.***

***The Fellowship Cup also has volunteer opportunities throughout the year. Call 319-385-3242 to learn more.***

## HEALTH CARE

### Advanced Home Health Care [advanced-homehealthcare.com](http://advanced-homehealthcare.com)

Burlington office, serving Henry County ..... **319-753-6270**

We provide home health aides and LPNs for shift work in clients homes, offer respite care to help give family caregivers a much-needed break, and more. Our professional nurses, therapists and caregivers provide patients with a variety of in-home care services.

### Ambulance Service

Henry County Health Center: 24 hour paramedic service..... **911**

### CARE at Home Iowa [www.careathomeiowa.us](http://www.careathomeiowa.us)

907 E. Washington St., Ste. 105, Mt. Pleasant ..... **319-330-1755**

We strive to make a positive difference in the lives of our patients by providing safe, compassionate, caring, high-quality care with dedicated and highly skilled staff in the comfort of your own home.

### Child Health Specialty Clinics [www.chsciowa.org](http://www.chsciowa.org)

123 E. 3rd St., Suite 2, Ottumwa ..... **641-682-8145**

Hrs: Mon – Thurs 7am- 5:30pm, Satellite clinic in Mt. Pleasant every 1-2 months  
Iowa's Title V program for children with special health care needs. Services are provided to children and youth, birth through 21, who have a chronic condition (physical, developmental, behavioral, or emotional) or who have an increased risk for a chronic condition and a need for special services. Local services in Mt. Pleasant include: family navigator services, autism services, and care coordination. Call for details.

### Community Health Centers of Southeastern Iowa, Inc. [www.chcseia.com](http://www.chcseia.com)

1706 W. Agency Rd., West Burlington ..... **319-768-5858**

2409 Spring St., Columbus City ..... **319-728-7400**

Provides a full range of medical and dental cares for all ages. Affordable health care for all who need it. Patients without insurance will pay for services based on household size and income.

### Family Medicine of Mt. Pleasant [portal.fmmtp.com/portal/default.aspx](http://portal.fmmtp.com/portal/default.aspx)

501 S. White St., Mt. Pleasant..... **319-385-6700**

Mon-Fri 7:30-8:30am (walk-in), 8:30am-5pm (appt.), Sat 9-11:30am (acute walk-in)

### Great Prairie Area Education Agency (AEA) [www.gpaea.org/](http://www.gpaea.org/)

309 E. Monroe St., Mt. Pleasant ..... **319-385-9005** or **800-382-8970**

Hearing screenings, speech-language services, and more to children with special needs and all children with disabilities (birth-21 years).

### Great River Home Health and Hospice Care [www.greatrivermedical.org](http://www.greatrivermedical.org)

1306 S. Washington Rd., West Burlington..... **319-768-3350**

**Home Health Care:** skilled nursing, home health aide, physical therapy, occupational therapy, speech therapy, and social workers available.

**Hospice:** assistance in going through the end-of-life process, bereavement, chaplain, and social work assistance available.



**HCI Care Services** [www.hospiceofcentraliowa.org](http://www.hospiceofcentraliowa.org)

118 N. Main St., Mt. Pleasant ..... **319-385-4472**

**HCI Palliative Medicine:** available to chronically and seriously ill individuals that are still seeking treatment but are looking for comfort care.

**Hospice Care & ExtraCare Services:** Care for the terminally ill to include nursing, home health aides, chaplain services, volunteers, social workers, pharmacists, medical equipment, and bereavement counseling.

**Henry County Health Center** [www.hchc.org](http://www.hchc.org)

[www.facebook.com/HenryCountyHealthCenter/](https://www.facebook.com/HenryCountyHealthCenter/)

[www.facebook.com/HenryCountyHealthCenterDietitian/](https://www.facebook.com/HenryCountyHealthCenterDietitian/)

407 S. White St., Mt. Pleasant..... **319-385-3141**

**Henry County Health Center offers the following services:**

- |  |                                  |
|--|----------------------------------|
| Anesthesia and Pain Management           | Lifeline Medical Response System |
| Cardiac & Cardiopulmonary Rehabilitation | Maternity Services               |
| Cardiopulmonary Diagnostics              | Nutrition Education              |
| Diabetes Education Center                | Park Place Elder Living          |
| Dialysis                                 | Public Health                    |
| Emergency Department                     | Rehabilitation Services          |
| Emergency Medical Services/Ambulance     | Sleep Lab                        |
| Imaging Services/Radiology               | Specialty/Outpatient Clinic      |
| Infusion Therapy/Chemotherapy            | Surgery Department               |
| Inpatient Services Department            | Women's Health                   |
| Laboratory                               |                                  |

**Medical specialties offered at Henry County Health Center include:**

- |                    |                       |
|--------------------|-----------------------|
| Audiology          | Neurology             |
| Cardiology         | Obstetrics/Gynecology |
| Dermatology        | Oncology              |
| Ears, Nose, Throat | Ophthalmology         |
| Emergency Medicine | Orthopaedics          |
| Endocrinology      | Orthotics/Prosthetics |
| Family Practice    | Plastic Surgery       |
| Gastroenterology   | Podiatry              |
| General Surgery    | Pulmonology           |
| Internal Medicine  | Radiology             |
| Nephrology         | Urology               |

**Physicians & Clinics of HCHC:**

**Wayland Community Clinic**

227 W. Main, Wayland..... **319-256-7100**

Hrs: Mon/Thurs 8:30am-Noon and 1pm-5pm, Wed 8:30am-11:30am

**Winfield Community Clinic**

110 W. Pine, Winfield ..... **319-257-6211**

Hrs: Tues/Fri 8:30am-Noon and 1pm-5pm, Wed 1pm-4pm

**Henry County Public Health** [www.hchc.org/home/health-services/community-health/](http://www.hchc.org/home/health-services/community-health/)

407 S. White St., Mt. Pleasant..... **319-385-6724**

**Adult Health Maintenance Program:** Home visits by a registered nurse to persons not eligible through a Medicare certified agency. Services include medication set-up, health assessments, blood draws for lab tests, and other health interventions.

**Breast and Cervical Cancer Early Detection Program:** Provides assistance for mammograms and well woman appointments for eligible women.

**Environmental Health:** Sewer permits, on-site inspection, and approval of waste water treatment and disposal systems. Well water testing services available.

**Homemaker Program:** Specially trained staff perform personal care & homemaking in the home under the direction of an RN. Services may include bathing, shampooing, light housekeeping, laundry, errands, food shopping, and food preparation.

**Immunization Clinic:** For children and adults. Wednesdays & Thursdays 1:00 pm – 4:00 pm, first Thursday of the month 1:00 pm – 6:00 pm.

**Lead Program:** Lead testing is available at WIC clinics in Mt. Pleasant or by appointment. Call for more details.

**Maternal and Child Health Program:** Provides wellness and dental screening, nutrition education, and education for young pregnant mothers by an RN on birth of the baby, growth and development.

**Newborn Home Visitor Program:** Provides a nurse to visit new moms and babies for education and early interventions/referrals.

**Mobile Nursing** [mobilenursingservices.com](http://mobilenursingservices.com)

Serves Henry County ..... **800-798-7793**

Offers a full range of nursing services in the privacy and comfort of your home for patients with varied needs and health problems.

**Needle/Sharps Disposal through Mike Prottzman Sanitation** ..... **319-986-6355**

Container pickup and exchange for individuals, no cost to Henry County residents.

900 W. Washington St., Mt. Pleasant (area behind Emergency Management Center)

Fridays 10am-4pm, Saturdays 8am-12pm

Available to rural residents during rural trash service at the county sites.

**New London Family Health** [www.newlondonfamilyhealth.com](http://www.newlondonfamilyhealth.com)

111 W. Washington St., New London..... **319-367-2241**

**Optimae Home Health Services** [www.optimaelifeservices.com/our-services/home-health](http://www.optimaelifeservices.com/our-services/home-health)

Serves Henry County ..... **641-472-4464**

We offer skilled nursing and home health aides, as well as physical, occupational and speech therapy.

**Planned Parenthood of the Heartland**

[www.plannedparenthood.org/planned-parenthood-heartland](http://www.plannedparenthood.org/planned-parenthood-heartland)

620 N. 8th St., Burlington..... **877-811-7526**

Planned Parenthood delivers vital reproductive health care, sex education, and information to millions of women, men, and young people worldwide.

### Prescription Drug Drop-Off Sites

Henry County Sheriff 106 E. Clay St., Mt. Pleasant  
Mt. Pleasant Police Station 204 E. Washington St., Mt. Pleasant  
Drop off unused/expired prescription or over the counter medications (needles will not be accepted, see Needle/Sharps Disposal listing in this section)

**Proteus** [www.proteusinc.net](http://www.proteusinc.net)  
Serves Henry County .....800-397-0178  
The Proteus Migrant Health Program serves migrant and seasonal farmworkers by running mobile clinics, in-house clinics, and on an individual basis by a Proteus contracted licensed medical professional. Proteus uses a sliding fee schedule based on income for health services.

**Dr. Savage, Internal Medicine/Cardiology**  
107 E. Madison St., Mt. Pleasant..... 319-385-4915

**Southeastern Renal Dialysis LC**  
507 S. White St., Mt. Pleasant..... 319-385-6720  
Site locations in Mt. Pleasant, W. Burlington, Fairfield, Keokuk and Ft. Madison.

**Sunnybrook Home Care** [sunnybrookhomecare.com/](http://sunnybrookhomecare.com/)  
Serves Henry County .....641-472-4808 or 866-538-5238  
We provide home care services for all ages and those recovering from surgery, illness, accident or living with disabilities.

## HOUSING

**American Red Cross (Emergency Disaster Assistance)** [www.redcross.org](http://www.redcross.org)  
South and Eastern Iowa chapter..... 319-393-3500

**Burlington Area Homeless Shelter**  
123 N. Marshall St., Burlington ..... 319-754-6791

**Henry Co. Habitat for Humanity** [henrycountyiowahabitat.org](http://henrycountyiowahabitat.org) ..... 319-931-0656

**Southeast Iowa Regional Housing Authority** [www.seirha.com](http://www.seirha.com)  
218 N. 3rd St., Ste 311, Burlington..... 319-753-5109  
Hrs: Monday - Friday 8:00am – 4:00pm  
Rental assistance: Applicants must meet eligibility requirements for income guidelines and family status. Single persons are eligible only if elderly or disabled.

**USDA Rural Development** [www.rurdev.usda.gov](http://www.rurdev.usda.gov)  
709 S. Iris St., Ste 103, Mt. Pleasant..... 319-986-5800  
Provides rental assistance, housing loans and grants.

### Apartments

**Brazelton Lofts** [www.hobarthistoricrestoration.com](http://www.hobarthistoricrestoration.com) *Smoke-Free!*  
100 N. Main St., Mt. Pleasant ..... 319-826-6532

**Brucemore Apartments**  
309 W. Broad St., Mt. Pleasant ..... 319-385-8346

**Chesapeake Apartments (low-income)**  
800 N. Palm Ave., Mt. Pleasant..... 319-385-8076

**Colonial Apartments**  
115 E. Monroe St., Mt. Pleasant ..... 319-385-4246

**Englewood Village Apartments**  
101 E. Langdon St., Mt. Pleasant ..... 319-217-6601

**Harlan House**  
122 N. Jefferson, Mt. Pleasant ..... 319-931-4044

**Hoaglin Lofts (opening 7-1-17) *Smoke-Free!***  
103-105 S. Jefferson St., Mt. Pleasant ..... [scott.lowe1@mchsi.com](mailto:scott.lowe1@mchsi.com)

**Main Street Cinema Lofts *Smoke-Free!***  
115 N. Main St., Mt. Pleasant ..... [scott.lowe1@mchsi.com](mailto:scott.lowe1@mchsi.com)

**Maple Place Apartments (low income)**  
405 S. Maple, Winfield..... 641-233-7423

**Mapleleaf Apartments (seniors and disabled persons) *Smoke-Free!***  
704 E. Mapleleaf Dr., Mt. Pleasant..... 319-385-2937

**Meadowbrook Apartments (low income)**  
700 N. Cherry St., Mt. Pleasant..... 319-931-2386

**Mt. Pleasant Park Apartments (low income)**  
1202 N. Palm Ave., Mt. Pleasant ..... 641-919-6385

**Oakwood Village Properties**  
915 W. Hill Ave., Mt. Pleasant..... 319-986-6039

**Plantation Apartments**  
306 W. Monroe St., Mt. Pleasant ..... 319-385-1400

**Ramey Retirement Apartments (seniors and disabled persons)**  
500 W. Washington, New London..... 319-470-3029

**Salem Community Homes (seniors and disabled persons)**  
209 E. Oak St., Salem ..... 319-664-3002

**South Park Apartments**  
709 S. Main St., Mt. Pleasant ..... 319-671-0798

**State Street Apartments**  
312 & 314 W. State St., Mt. Pleasant ..... 319-385-4880

**SunnySlope Apartments**  
1107 E. Linden Dr., Mt. Pleasant ..... 319-750-7900

**Swedesburg Apartments**  
202 Sunset Dr., Swedesburg ..... 319-759-4593

**The Folks Apartment (seniors and disabled persons) *Smoke-Free!***  
308 N. Adams St., Mt. Pleasant..... 319-385-9610

<b>The Loft Apartments <i>Smoke-Free!</i></b> 120 S. Main St., Mt. Pleasant .....	<b>319-931-0272</b>
<b>Way-Mar Apartments (seniors and disabled persons)</b> 301 W. 3rd St., Wayland .....	<b>877-956-4505</b>
<b>Westview Apartments (seniors and disabled persons)</b> 606 W. Central, Winfield.....	<b>319-865-7281</b>

## LEGAL

<b>Henry County Attorney</b> <a href="http://www.henrycountyiaowa.us">www.henrycountyiaowa.us</a> 100 E. Washington St., Suite 101, Mt. Pleasant.....	<b>319-385-0752</b>
<b>Iowa Find-A-Lawyer</b> <a href="http://www.iowafindalawyer.com">www.iowafindalawyer.com</a> Attorneys listed on the Iowa Find-A-Lawyer website charge \$25 or less for the first 30 minutes of consultation.	
<b>Iowa Legal Aid</b> <a href="http://www.iowalegalaid.org">www.iowalegalaid.org</a> Free legal help with civil law problems for eligible low-income Iowans..	<b>800-532-1275</b>
Iowans age 60 and over, call the Legal Hotline for Older Iowans .....	<b>800-992-8161</b>
<b>Iowa State Public Defender</b> 216 South 3rd, Burlington.....	<b>319-753-5163</b>
<b>Juvenile Court Services of Henry County</b> 129 N. Jefferson St., Mt. Pleasant .....	<b>319-986-5179</b>
<b>State Attorney General</b> <a href="http://www.iowaattorneygeneral.gov/">www.iowaattorneygeneral.gov/</a> Consumer Protection Division .....	<b>888-777-4590</b>

## LIBRARIES

<b>H J Nugen Public Library</b> <a href="http://www.newlondon.lib.ia.us">www.newlondon.lib.ia.us</a> 103 E. Main St., New London.....	<b>319-367-7704</b>
Hrs: Mon 10am-8pm, Tues/Thurs/Fri 10am-6pm, Wed 1-8pm, Sat 9am-1pm	
<b>Hillsboro Public Library</b> 100 W. Commercial, Hillsboro .....	<b>319-253-4000</b>
Hrs: Mon/Wed/Fri 3:30pm-5:30pm	
<b>J. Raymond Chadwick Library</b> <a href="http://www.iw.edu/library/">www.iw.edu/library/</a> Iowa Wesleyan University: 107 W. Broad St., Mt. Pleasant .....	<b>319-385-6315</b>
Academic year hrs: Mon-Thurs 7:30am-11pm, Fri 7:30am-5pm, Sat 10am-2pm, Sun 6-11pm	
<b>Mt. Pleasant Public Library</b> <a href="http://www.mountpleasantiowalibrary.com">www.mountpleasantiowalibrary.com</a> 307 E. Monroe St., Suite 101 Mt. Pleasant.....	<b>319-385-1490</b>
Hrs: Mon-Thurs 9:30am-8:00pm, Fri 9:30am-5:30pm, Sat 9:30am-5pm	
<b>Salem Crew Public Library</b> <a href="http://www.salem.lib.ia.us">www.salem.lib.ia.us</a> 107 E. Cherry St., Salem .....	<b>319-258-9007</b>
Hrs: Mon/Tues/Thurs 1-5pm, Wed 1-6pm, Sat 9am-12pm	

<b>Winfield Public Library</b> <a href="http://www.winfield.lib.ia.us">www.winfield.lib.ia.us</a> 112 W. Ash St., Winfield .....	<b>319-257-3247</b>
Hrs: Mon/Wed/Fri 10am-6pm, Tues/Thurs 12pm-6pm, Sat 9am-12pm	

## SENIOR CITIZENS

<b>Community &amp; Senior Centers</b>	
<b>Fellowship Cup</b> 203 N. Jefferson St., Mt. Pleasant .....	<b>319-385-3242</b>
Community meal Wednesdays at 11:30am with cards following. Cards also on Fridays.	
<b>Hillsboro</b> 106 E. Commercial St. (by rental only) .....	<b>319-253-4465</b>
<b>Mt. Union</b> 209 E. Lehigh .....	<b>319-865-1402</b>
<b>New London</b> 106 N. Division (by rental only).....	<b>319-367-7702</b>
<b>Salem</b> 201 S. Main St.....	<b>319-258-4111</b>
<b>Winfield</b> 116 N. Locust St.....	<b>319-257-6921</b>

### Congregate (Senior Dining) or Home Delivered Meals

Mt. Pleasant – Senior Deli Dining @ Hy-Vee Food Store - 1700 E. Washington St. Hrs: Mon - Fri 11am-1pm Reservations needed. Call <b>855-410-6222 ext 7504</b> to make a reservation or inquire about home delivered meals. To cancel a senior deli dining meal – call <b>319-385-2266</b> (Hy-Vee)	
<b>Salem</b> - Community Building, 201 S. Main St.....	<b>319-258-4111</b>
Hrs: Mon. - Fri. 10am – 1pm Lunch at noon	
<b>Winfield</b> - Veterans Building 116 N. Locust St.....	<b>319-257-6921</b>
Hrs: Mon. - Fri. 9:30 am – 12:30 pm Lunch at noon	

<b>Dependent Adult &amp; Child Abuse or Neglect Hotline</b> .....	<b>800-362-2178</b>
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<b>Henry County Public Health</b> <a href="http://www.hchc.org/home/health-services/community-health/">www.hchc.org/home/health-services/community-health/</a> 407 S. White St., Mt. Pleasant.....	<b>319-385-6724</b>
<b>Adult Health Maintenance Program:</b> Home visits by a registered nurse to persons not eligible through a Medicare certified agency. Services include medication set-up, health assessments, blood draws for lab tests and other health interventions.	
<b>Homemaker Program:</b> Specially trained staff perform personal care and homemaking in the home under the direction of an RN. Services may include bathing, shampooing, light housekeeping, laundry, errands, food shopping, and food preparation.	

### Hy-Vee Drugstore

129 S. Jefferson St., Mt. Pleasant.....	<b>319-385-3163</b>
<b>Home Medical Supplies Sales and Rentals:</b> Covering a wide array of items from C-Pap, oxygen, incontinence, hospital beds, ostomy supplies, catheter, lift chairs, nebulizers, scooters, walkers, braces, reach aids, tends units, diabetic shoes, compression stockings, crutches. We accept most insurance as well as Medicare accredited. We repair and service many items also.	
<b>Personal Shopper service:</b> All items sold at the store are eligible for purchase.	

<b>Lifeline</b> <a href="http://www.lifelinesystems.com">www.lifelinesystems.com</a> Henry County Health Center.....	<b>319-385-3141</b>
A personal call button 24 hours a day/365 days a year	

## MIDWEST Case Management, Elderly Services

Serves Henry County ..... 641-209-9420  
Provides case management for Elderly Waiver Services in Southeast Iowa. Refers and coordinates waiver services to assist elderly to remain in their homes.

**Milestones Area Agency on Aging (AAA)** [www.milestonesaaa.org](http://www.milestonesaaa.org)  
509 Jefferson St., Burlington ..... 319-752-5433 or 855-410-6222  
Provides funding for community-based services that enable seniors to remain in their own home and community for as long as possible. Services also include those that offer support to family caregivers. Contact us for information/assistance about resources and services for seniors 60 years of age and older in Southeast Iowa.

**Mom's Meals** [www.momsmeals.com](http://www.momsmeals.com)  
Ready to heat meals delivered right to your door..... 866-971-6667

## Pharmacy Delivery

**Capstone Pharmacy** (Hrs: Mon-Fri 8:30am-6pm, Sat 9-2)  
210 N. Jefferson St., Mt. Pleasant ..... 319-385-0733  
**Hy-Vee Clinic Pharmacy** (Hrs: Mon-Fri 9am-5:30pm)  
501 S. White St., Mt. Pleasant ..... 319-385-6745  
**Hy-Vee Drugstore** (Hrs: Mon-Fri 8am-7pm, Sat 8am-2pm)  
129 S. Jefferson St., Mt. Pleasant..... 319-385-3163  
**Hy-Vee Pharmacy** (Hrs: Mon-Fri 8am-8pm, Sat 9am-5pm, Sun 10am-6pm)  
1700 E. Washington, Mt. Pleasant..... 319-986-6979

**RSVP Retired Senior Volunteer Program** [www.thefellowshipcup.org](http://www.thefellowshipcup.org)  
203 N. Jefferson, Mt. Pleasant ..... 319-385-3242  
Matches interests of people over 55 with rewarding part-time volunteer opportunities for community service through local non-profit and public agencies.

**Senior Health Insurance Information Program (SHIIP)** [www.shiip.state.ia.us](http://www.shiip.state.ia.us)  
E-mail: [shiip@iid.state.ia.us](mailto:shiip@iid.state.ia.us) ..... 800-351-4664  
Information regarding Medicare benefits and claims, Medicare choices, Medicare supplement insurance, long-term care insurance, and other types of health insurance sold to older Iowans.

**Sister's Home Style Entrees** [sistersentrees.com](http://sistersentrees.com)  
Ready to heat meals delivered right to your door..... 515-332-1928

**Social Security Administration** [www.ssa.gov](http://www.ssa.gov)  
3920 Division St., Burlington ..... 800-772-1213  
Hrs: Mon/Tues/Thurs/Fri 9am-4pm, Wed 9am-12pm, Sat/Sun/Holidays closed

## Senior Housing

**Arbor Village South (Independent living)**  
126 W. Stonebrook Dr., Apt. 153, Mt. Pleasant ..... 319-385-9144

**Sunnybrook Assisted Living** [sunnybrookmtpleasant.com](http://sunnybrookmtpleasant.com)  
1406 E. Linden Dr., Mt. Pleasant ..... 319-385-7227  
RN supervised care, full meal service, weekly housekeeping service, emergency call system, activities program, and Memorial Gardens.

## Van Vohries Haus

601 W. Monroe St., Mt. Pleasant ..... 319-385-3935  
Assisted living, private pay, adult daycare available.

## NURSING HOMES

**Arbor Court** 701 E. Mapleleaf Dr., Mt. Pleasant ..... 319-385-1400  
**New London Nursing and Rehab Center**  
[www.careinitiatives.org/new-london-specialty-care](http://www.careinitiatives.org/new-london-specialty-care)  
100 Care Circle, New London ..... 319-367-5753  
**Park Place Elder Living** [www.hchc.org/home/health-services/park-place-elder-living/](http://www.hchc.org/home/health-services/park-place-elder-living/)  
401 S. Van Buren, Mt. Pleasant..... 319-385-6192  
**Parkview Home** 102 N. Jackson St., Wayland ..... 319-256-2775  
**Pleasant Manor Care Center** 413 N. Broadway St., Mt. Pleasant..... 319-385-8095  
**Sunrise Terrace Care Center** [sunriseterracecc.com/](http://sunriseterracecc.com/)  
706 W. Central Ave., Winfield..... 319-257-3303

## SERVICES FOR THE DISABLED

**Access 2 Independence** [access2independence.org](http://access2independence.org)  
Iowa City, serving Henry County ..... 319-338-3870  
Empowers people with disabilities through education, advocacy, and peer support. Also provides independent living skills training and transition services at no charge.

**Child Health Specialty Clinics (CHSC)** [www.chsciowa.org](http://www.chsciowa.org)  
123 E. 3rd St., Suite 2, Ottumwa ..... 641-682-8145  
See Health Care section for description of services.

**First Resources Corporation** [www.firstresources.us](http://www.firstresources.us)  
204 S. Jefferson St., Ste 103, Mt. Pleasant ..... 319-201-1225  
Various community based services, including supported community living and supported employment. See full listing in the Employment/Job Training section.

**Hope Haven Area Development Corporation** [www.hopehavencorp.com](http://www.hopehavencorp.com)  
828 N. 7th St., Burlington..... 319-754-4689  
Programs for persons with disabilities: evaluation, personal, social & community services, work adjustment, supported employment, job placement, residential services, respite care, community supervised apartment living, and supported community living.

**Flexible Services** 502 N. Lincoln St., Mt. Pleasant ..... 319-385-9980  
Day Program serving individuals with varying disabilities. Trained professional staff assists individuals with independent life skills, and opportunities to establish new friendships through group socialization. Job opportunities for paid assembly work are also offered. Program hours are Monday through Friday 9:00 a.m. to 3:00 p.m.

**Insight Partnership Group LLC**  
2205 E. Washington St., Mt. Pleasant..... 319-385-2046  
Supported community living, respite, day habilitation, payee services and service educational opportunities

**Iowa Vocational Rehabilitation Services** [www.ivrs.iowa.gov](http://www.ivrs.iowa.gov)  
1000 N. Roosevelt, Ste 7, Burlington ..... 319-753-2231  
Provides individualized services to eligible individuals with disabilities. See full listing in the Employment/Job Training section.

**Milestones Area Agency on Aging (AAA)** [www.milestonesaaa.org](http://www.milestonesaaa.org)  
509 Jefferson St., Burlington ..... 319-752-5433 or 855-410-6222  
Also serves adults age 18-59 with a disability, connecting them to resources in the community.

**REM Iowa** [www.remiowa.com](http://www.remiowa.com)  
207 S. Harrison Street, Ste 3, Mt. Pleasant ..... 319-385-2343  
Supported home and community based services for persons with physical and mental disabilities.

**Van Buren Job Opportunity (supported employment)**  
308 Mulberry, Keosauqua..... 319-293-6276  
Serves Henry County. Helps with job placement and job coaching for persons with disabilities.

**WCDC Incorporated**  
1425 W. 5th St., Washington ..... 319-653-7248  
Supported community living and supported employment for persons with disabilities.

## SERVICES FOR VETERANS

**Henry County Veterans Affairs Office**  
[www.henrycountyiowa.us/offices/veterans/index.htm](http://www.henrycountyiowa.us/offices/veterans/index.htm)  
106 N. Jackson St., Mt. Pleasant..... 319-385-0792  
Hrs: Tues/Thurs 8:00am-4:00pm; Wed-8:00am-12:00pm  
Provides information and assistance to veterans and their families, i.e. rent, utilities, and burial. A resource for veterans with disabilities.

**Home Base Iowa** [www.mountpleasantiowa.org/home-base-iowa](http://www.mountpleasantiowa.org/home-base-iowa)  
Henry County is designated as a Home Base Iowa community, a one-of-a-kind program assisting veterans and transitioning service members. Visit the website to learn more about the Veteran's welcome package, participating employers, and other resources.

**Iowa City VA Health Care System** [www.iowacity.va.gov](http://www.iowacity.va.gov)  
601 Hwy 6 West, Iowa City ..... 319-338-0581 or 800-637-0128  
Coralville outpatient clinic..... 319-358-2406  
Ottumwa outpatient clinic..... 641-683-4300

**Iowa City VA Health Care Transportation**  
Burlington, IA Veteran Van (picks up in Henry County) ..... 319-752-7171  
Need 3 business days advance notice. Call between 7-11 and 1-3 Monday through Friday.  
Quincy, IL Veterans Bus (picks up in Henry County) ..... 217-228-0695  
Need 3 business days advance notice. Call Monday through Thursday.

**VA Home Front** [www.va.gov/homeless](http://www.va.gov/homeless)  
24 hour hotline ..... 877-424-3838 (877-4AID-VET)  
Provides assistance to veterans who are homeless or at risk of being homeless  
**Veterans Crisis Line** ..... 800-273-8255, press 1

## SUBSTANCE ABUSE

**Alcohol and Drug Dependency Services (ADDS)** [www.addsiowa.org](http://www.addsiowa.org)  
122 N. Main St., Mt. Pleasant ..... 319-385-2216  
Outpatient services, education and prevention services, residential treatment (Burlington facility), consultation, employee assistance programs, crisis intervention, substance abuse screenings, operating while intoxicated screenings, driving unimpaired classes, and juvenile diversion classes.

**Christamore Family Treatment Center** [www.younghouse.org](http://www.younghouse.org)  
905 S. Iris St., Mt. Pleasant ..... 319-385-2906  
**Adolescent & Adult Substance Abuse Program (ASAP):** provides substance abuse assessments, and group and individual services to individuals throughout southeast Iowa.

**Prescription Drug Drop-Off Sites**  
Henry County Sheriff 106 E. Clay St., Mt. Pleasant  
Mt. Pleasant Police Station 204 E. Washington St., Mt. Pleasant  
Drop off unused and expired prescription or over the counter medications (needles will not be accepted, see Needles/Sharps Disposal listing in the Health Care section).

## SUPPORT GROUPS

**Alcoholics Anonymous** [www.aa-iowa.org](http://www.aa-iowa.org)  
24 hour hotline..... 319-338-9111  
Mt. Pleasant meetings:  
Sun/Tues/Thurs 7pm at St. Michael's Episcopal Church (202 E. Washington St.)  
Mon 7pm at First Presbyterian Church (902 S. Walnut St.)

Salem meetings:  
Fri 8pm at Salem Friends Church (210 S. Main St.)  
Wayland meetings:  
Mon 7pm at Bethel Mennonite Church (3185 Wayland Rd.) 319-548-0177  
Online intergroup/online meetings at [aa-intergroup.org](http://aa-intergroup.org)

**Alzheimer's Association** [www.alz.org](http://www.alz.org) ..... 800-272-3900  
Burlington chapter..... 319-237-4900  
(Serves Henry County, call for area support groups and events)

**Bereavement**  
GriefShare ..... 319-572-5451  
Wednesdays at 1pm at Mt. Pleasant Public Library (call to confirm)  
HCI Grief Support Group, 118 N. Main, Mt. Pleasant .... 319-385-4472 or 888-464-7222  
Olson-Powell Memorial Chapel - 709 E. Maple Leaf Dr., Mt. Pleasant ..... 319-385-1998

**Cancer Support** [www.hchc.org/home/health-services/infusion-chemotherapy/](http://www.hchc.org/home/health-services/infusion-chemotherapy/)  
Henry County Health Center..... **319-385-6185**

**Cardiac/Pulmonary Support Group** [www.hchc.org/home/health-services/cardiac-rehab/](http://www.hchc.org/home/health-services/cardiac-rehab/)  
Henry County Health Center..... **319-385-6504**  
Encourages persons with concerns about heart and lung disease in their goals for a healthy lifestyle. The group meets every other month.

**CHOICES of Henry County** (for adults with disabilities)..... **319-931-8348**  
211 W. Monroe, Mt. Pleasant.....

Hrs: Monday - Friday 12:30 pm-7:00 pm  
Drop-in and recovery services to adults with disabilities. Provides peer support in a safe and supportive environment to socialize, learn coping skills, and continue on the path of wellness. The Center will offer WRAP training groups, IMR recovery model, IPR intensive psych rehab, and therapy group. Classes on symptom management, developing support systems, and community integration will be offered. Other features will include providing transportation, periodic meals, TV lounge, computer availability, and community resources clearing house. Programs may include: community extension programs, tax prep for low income people, and community meeting room.

**Coffee Club** [www.hchc.org/home/health-services/diabetes-education-center/](http://www.hchc.org/home/health-services/diabetes-education-center/)  
Henry County Health Center..... **319-385-6518**  
Free social hour discussing diabetes and other health topics.

**Early Access Coordination** (Great Prairie AEA)  
[www.iafamilysupportnetwork.org/early-access-iowa](http://www.iafamilysupportnetwork.org/early-access-iowa)  
Support group for families of preschoolers with special needs..... **800-382-8970**

**Gambling** (ADDs) [www.addsiowa.org/](http://www.addsiowa.org/) ..... **319-753-6567**

**Narcotics Anonymous** [seiana.iowa-na.org/](http://seiana.iowa-na.org/)  
South East Iowa Area of Narcotics Anonymous Hotline ..... **800-897-6242**  
Mt. Pleasant meetings:  
Mon 6:30pm, Wed 6:00pm at Mt. Pleasant Public Library (307 E. Monroe St.)

**Our Special Kids** is a support group for parents of children with special needs.  
E-mail [ourspecialkidsiowa@gmail.com](mailto:ourspecialkidsiowa@gmail.com) or ..... **319-931-5648**

## TRANSPORTATION

**Burlington Trailways**  
2005 E. Washington St., (Iris St. & E. Highway 34) Mt. Pleasant..... **319-385-2103**

**D & Z Transportation** (taxi, non-emergency medical)..... **319-470-8905**

### Delivery Services Available:

[www.amazon.com](http://www.amazon.com) - wide variety of items including some grocery  
[www.hy-vee.com/grocery](http://www.hy-vee.com/grocery) - all grocery items, store pickup also available  
Winfield residents contact City Hall about local grocery delivery  
[www.walmart.com](http://www.walmart.com) - non-grocery items, some grocery available  
See also Pharmacy Delivery listings in the Health Care section

**Jackpot Taxi** (serves Henry and surrounding counties)..... **319-201-9119**

**RSVP Retired Senior Volunteer Program** [www.thefellowshipcup.org/](http://www.thefellowshipcup.org/)  
203 N. Jefferson St., Mt. Pleasant ..... **319-385-3242**  
Provides medical transportation for seniors and those with disabilities. Call at least 48 hours in advance.

**SEIBUS** (public transportation) [www.seirpc.com/seibus/route.html](http://www.seirpc.com/seibus/route.html)  
To schedule a ride please call..... **866-753-5107**  
Available to the general public and is wheelchair accessible. Transportation provided county-wide Monday - Friday. Call for appointment at least 1 day in advance for best results. Medical shuttle to Iowa City hospitals on Tuesdays, Wednesdays and Thursdays, excluding holidays.

**TMS** [www.tmsmanagementgroup.com/tmsmanagementgroup/](http://www.tmsmanagementgroup.com/tmsmanagementgroup/)  
To request a ride please call..... **866-572-7662**  
Provides non-emergency medical transportation services to Iowa Medicaid members.

## WELLNESS

**Anytime Fitness** [www.anytimefitness.com](http://www.anytimefitness.com)  
700 N. Grand Ave., Mt. Pleasant..... **319-385-2033**

**Buy Eat Live Healthy** [www.extension.iastate.edu/families/adults](http://www.extension.iastate.edu/families/adults)  
ISU Extension office, Mt. Pleasant..... **319-385-8126**  
Free 8 week class for families with children 10 years or younger. Each lesson includes nutrition information, activity, and a cooking presentation, demonstration, or tasting.

**Deerwood Golf Club**  
2870 Deerwood Golf Rd., New London..... **319-367-5216**

**Geocaching** [www.geocaching.com](http://www.geocaching.com)  
A family-friendly outdoor treasure hunting game using GPS-enabled devices. Navigate to a specific set of GPS coordinates and then attempt to find the geocache (container) hidden at that location. Visit the website or download the free app to learn more and view all of the Henry County geocaches.

**Henry County Health Center** (programs may require physician referral) [www.hchc.org](http://www.hchc.org)  
Better Choices/Better Health 6-week chronic disease self-management workshop  
..... **319-385-6177**  
Cardiac & Pulmonary Rehab Phase III outpatient exercise program ..... **319-385-6504**  
Nutrition Counseling..... **319-385-6143**  
Smoking Cessation 6-week program ..... **319-385-6504**  
Stay Fit Anytime exercise program in the Rehab Services Department, \$25/month  
..... **319-385-6102**

**Hy-Vee Dietitian Services** [www.hy-vee.com/health/hy-vee-dietitians/default.aspx](http://www.hy-vee.com/health/hy-vee-dietitians/default.aspx)  
1700 E. Washington St., Mt. Pleasant..... **319-385-2266**  
Offers personalized shopping assistance, nutrition counseling and community presentations.

### **Iowa Wesleyan University – Howe Activity Center Indoor Walking Track**

Available for public use Monday – Friday 5:00am-10:00pm unless an IW event is scheduled or campus is closed. Walkers should bring a different pair of walking shoes than they wear in. No strollers. Children must be supervised. IW reserves the right to close the track without notice.

### **Mt. Pleasant Aquatic Center (open seasonally)**

Saunders Park, behind Henry County Health Center ..... 319-385-1475

### **Mt. Pleasant Farmers Market**

Wright Pavilion at McMillan Park; May – Oct. Wednesdays 4-6pm, Saturdays 8:30-11am

### **Mt. Pleasant Golf and Country Club**

2275 Hickory Ave., Mt. Pleasant ..... 319-986-6157

### **Mt. Pleasant Parks & Recreation** [cityofmountpleasantiowa.org/parks-recreation/](http://cityofmountpleasantiowa.org/parks-recreation/)

307 E. Monroe St., Mt. Pleasant ..... 319-385-1475

Offers a variety of preschool, youth and adult programs. Contact to rent shelter houses.

**Outdoor Tracks** (available for public use when not in school use and according to school rules)

Mapleleaf Athletic Complex, Mt. Pleasant

WACO Outdoor Track, Wayland

WMU Community Track, Winfield

**Parkview Home Fitness Center** 102 N. Jackson St., Wayland ..... 319-256-2775

### **The REC Center** [www.mprecenter.com](http://www.mprecenter.com)

200 E. Monroe St., Mt. Pleasant ..... 319-385-2960

The REC Center is a multi-purpose facility which includes two studio classrooms, gymnasium, two racquetball courts, lap pool, spa, indoor track, weight & cardio equipment and full locker rooms. Numerous programs and classes are available at the REC Center such as Land & Water Fitness Classes, Cycling Classes, Dance & Tumbling, Healthy U Afterschool Program, Basketball, Volleyball and Racquetball Leagues and many more!

**Twin Lakes Golf Course** 409 N. Clark St., Winfield ..... 319-257-6253

**Winfield Activity Park** 110 N. Olive St., Winfield ..... 319-257-6661

Features a sand volleyball court, horseshoes, a map with walking and biking trails, and a shelter house.

**Winfield Community Pool** 407 N. Clark St., Winfield ..... 319-257-6661

**Winfield Fitness Center** 117 S. Locust St., Winfield ..... 319-257-6683

## **PARKS, TRAILS & RECREATION AREAS**

**East Lake Park** [cityofmountpleasantiowa.org/parks-recreation/parks-trails/](http://cityofmountpleasantiowa.org/parks-recreation/parks-trails/) 319-385-1475

120 acre park located on the east end of Mt. Pleasant on Lexington Ave. Facilities include 3 field softball complex, 2 shelter houses (for rent), gazebo, picnic tables, restrooms, 2 playground areas, 3 sand volleyball courts, 6.5 acre pond with a paved trail all around, 4 lighted tennis courts, 5 field soccer complex, 9 horseshoe courts, outdoor fitness equipment, driving range, and the **Mt. Pleasant Disc Golf Course**.

### **Geode State Park**

[www.iowadnr.gov/Places-to-Go/State-Parks/iowa-State-Parks/ParkDetails/ParkID/610124](http://www.iowadnr.gov/Places-to-Go/State-Parks/iowa-State-Parks/ParkDetails/ParkID/610124)

3333 Racine Avenue, Danville..... 319-392-4601

Lake Geode is a 1,640 acre park located in the southeast corner of Henry County, near Denmark and Danville. Activities include hiking, biking, swimming, boating and camping surrounding the 186 acre lake.

**Henry County Conservation** [www.henrycountyconservation.com/](http://www.henrycountyconservation.com/)

Call for more information about recreation areas and activities ..... 319-986-5067

### **Mt. Pleasant Recreation Trails**

[cityofmountpleasantiowa.org/parks-recreation/parks-trails/](http://cityofmountpleasantiowa.org/parks-recreation/parks-trails/) ..... 319-385-1475

The Mt. Pleasant Recreation Trails offer year-round activity opportunities for people of all ages! Wide, paved trails offer scenic routes for walking, running or biking.

**Oakland Mills Park and Nature Center** [henrycountyconservation.com/oakland.htm](http://henrycountyconservation.com/oakland.htm)

2593 Nature Center Drive, Mt. Pleasant ..... 319-986-5067

Located 4 ½ miles south of Mt. Pleasant along the Skunk River, this 104 acre area boasts camping, cabins, trails, fishing and guided canoe trips. Home of the **Oakland Mills Nature Center** and **Riverview Disc Golf Course**.

**Saunders Park** [cityofmountpleasantiowa.org/parks-recreation/parks-trails/](http://cityofmountpleasantiowa.org/parks-recreation/parks-trails/) . 319-385-1475

60-acre park located next to the hospital. Facilities include the **Mt. Pleasant Family Aquatic Center**, playground equipment, 2 shelter houses (for rent), 2 gazebos, and a log cabin.

## **YOUTH OPPORTUNITIES**

**Boy Scouts of America** [www.mississippivalleybsa.org/](http://www.mississippivalleybsa.org/)

3007 Flint Hills Drive, Burlington ..... 319-754-8413

**Cub Scouts** is a family centered program for boys from 1st – 5th grades that fosters self esteem and teaches cooperation through various activities.

**Boy Scouts** is a troop centered program for boys 11 to 18 years of age that builds self esteem, resourcefulness, and leadership skills.

**Venturing and Exploring** are programs for young men and young women ages 14 – 20 which aim to assist young people in becoming mature, responsible, caring, and goal oriented individuals.

**Girl Scouts of Eastern Iowa & Western Illinois** [www.GirlScoutsToday.org](http://www.GirlScoutsToday.org)

1308 Broadway St., West Burlington..... 319-752-3639

Through Girl Scouting and its all-girl environment, girls will gain courage, confidence and character as they encounter lessons about leadership, financial literacy, the environment, healthy living, and science & technology. For girls ages 5-17 to grow into productive citizens and leaders.

**ISU Extension and Outreach** [www.extension.iastate.edu/henry](http://www.extension.iastate.edu/henry)

127 N. Main St., Mt. Pleasant ..... 319-385-8126

Hrs: Monday – Thursday 9am – 4:30pm, Friday 9am-12pm

Community 4-H clubs(4th-12th grade), Clover Kids(K-3rd grade), special interest groups and curriculum for youth in a variety of subjects.

## INFORMATION HELPLINES

AIDS CDC National Hotline TTY/TDD <a href="http://www.cdc.gov/hiv">www.cdc.gov/hiv</a> .....	800-232-4636
Alcoholism & Drug Dependence, National Council on <a href="http://www.ncadd.org">www.ncadd.org</a> ....	800-622-2255
Alzheimer’s Association <a href="http://www.alz.org">www.alz.org</a> .....	800-272-3900
American Cancer Society <a href="http://www.cancer.org">www.cancer.org</a> .....	800-227-2345
American Heart Association <a href="http://www.heart.org">www.heart.org</a> .....	800-242-8721
American Lung Association of Iowa <a href="http://www.lung.org">www.lung.org</a> .....	800-586-4872
Better Business Bureau <a href="http://www.bbb.org/iowa/">www.bbb.org/iowa/</a> .....	800-222-1600
Boys Town Hotline <a href="http://www.boystown.org">www.boystown.org</a> .....	800-448-3000
Bullying & Youth Suicide Hotline <a href="http://www.yourlifeiowa.org">www.yourlifeiowa.org</a> .....	855-581-8111
Child & Adult Abuse Hotline, Department of Human Services.....	800-362-2178
COMPASS, Iowa (for disabled and their families) <a href="http://www.iowacompass.org">www.iowacompass.org</a> ..	800-779-2001
Cybertip Hotline (Center for Missing & Exploited Children).....	800-843-5678
Domestic Violence Abuse Hotline <a href="http://www.thehotline.org">www.thehotline.org</a> .....	800-799-7233
Great River crisis line (immediate help to individuals and families of people in emotional crisis).....	877-404-4770
Gambling Hotline (BETS OFF) <a href="http://www.1800betsoff.org">www.1800betsoff.org</a> .....	800-BETS-OFF
IRS (Federal Income Tax Info) <a href="http://www.irs.gov">www.irs.gov</a> .....	800-829-1040
Medicare Hotline <a href="http://www.medicare.gov">www.medicare.gov</a> .....	800-633-4227
National Hispanic Family Health Help Line.....	866-SU-FAMILIA
National Youth Crisis Hotline.....	800-442-4673
Poison Control <a href="http://www.iowapoisson.com">www.iowapoisson.com</a> .....	800-222-1222
Quitline Iowa (quit smoking) <a href="http://www.quitlineiowa.org">www.quitlineiowa.org</a> .....	800-784-8669
Rape, Abuse, & Incest National Network (RAINN).....	800-656-4673
Sexual Abuse Hotline-Iowa.....	800-284-7821
Social Security Administration <a href="http://www.ssa.gov">www.ssa.gov</a> .....	800-772-1213
Substance Abuse Information Center, Iowa <a href="http://www.drugfreeinfo.org">www.drugfreeinfo.org</a> .....	866-242-4111
Suicide Prevention, National Lifeline <a href="http://www.suicidepreventionlifeline.org">www.suicidepreventionlifeline.org</a> ....	800-273-8255
Veterans Foundation Help Line.....	888-777-4443
Weather & Road Information <a href="http://www.511ia.org">www.511ia.org</a> .....	511 or 800-288-1047

### ISU Extension Hotlines

<b>Beginning Farmer Center</b> <a href="http://www.extension.iastate.edu/bfc">www.extension.iastate.edu/bfc</a> .....	877-232-1999
M-F, 8 am-5 pm, Resources to help the next generation of farmers.	
<b>Families Answer Line</b> <a href="http://www.extension.iastate.edu/answerline">www.extension.iastate.edu/answerline</a> .....	800-262-3804
M-F, 9 am-noon, 1-4 pm Questions relating to home and family.	
<b>Healthy Families</b> .....	800-369-2229
Available all hours, all days. Confidential health information and referral.	
<b>Hort Line</b> <a href="http://www.yardandgarden.extension.iastate.edu/Hortline.htm">www.yardandgarden.extension.iastate.edu/Hortline.htm</a> .....	515-294-3108
Lawn, garden and landscape plant questions.	
<b>Iowa Concern</b> <a href="http://www.extension.iastate.edu/iowaconcern/">www.extension.iastate.edu/iowaconcern/</a> .....	800-447-1985
Available 24/7. Financial questions, legal issues, family transitions.	
<b>Teen Line</b> <a href="http://www.extension.iastate.edu/teenline/">www.extension.iastate.edu/teenline/</a> .....	800-443-8336
Available 24/7. Personal and health-related information and referral.	



*“Working together to make Henry County a better place to live, work, and raise a family.”*

We are currently focusing our efforts on Healthy Eating, Active Living, Substance Abuse Prevention, Tobacco Free Living, Child Abuse Prevention, and Parent Education. If you would like to contribute and help making lasting changes in those areas please contact Kelly at [carrk@hchc.org](mailto:carrk@hchc.org) or 319-385-6523.

[www.HealthyHenryCounty.org](http://www.HealthyHenryCounty.org)  
[www.facebook.com/HealthyHenryCounty](https://www.facebook.com/HealthyHenryCounty)

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**Extra printed directories can be found at Henry County Public Health, DHS, The Fellowship Cup, local libraries, or call 319-385-6523.**